

Sinjin Michael Paul Roming

Assistant Professor
Concordia College
Department of Psychology
901 8th St. S.
Moorhead, MN 56562

EDUCATION

2025 Doctor of Philosophy in Educational Psychology

East Texas A&M University

Dissertation: *Effects of a Prosociality Intervention on PreK-12 Teachers' Occupational Wellness and Colleague Relationships* (Successfully Defended March 17, 2025)

2018 Master of Arts in Psychological Research

Texas State University

Thesis: *Adaptive and Maladaptive Coping Strategies for Perceived Stress and Their Relationship with Quality of Life* (Successfully Defended March 23, 2018)

2016 Bachelor of Science in Psychology

Brigham Young University

UNIVERSITY EXPERIENCE

Concordia College (2025- present)

Assistant Professor (August 2025- present)

East Texas A&M University (2021- 2025)

Adjunct Instructor (July 2025- August 2025)

Post-Graduate Researcher (May 2025- July 2025)

Adjunct Instructor (January 2025- May 2025)

Graduate Teaching Assistant (August 2024- December 2024)

Graduate Research Assistant (September 2021- August 2024)

Brigham Young University-Idaho (2020- 2025)

Online Adjunct Faculty (January 2020- July 2025)

Texas State University (2016-2018)

Graduate Teaching Assistant (August 2017- May 2018)

Graduate Student Researcher (January 2017- May 2018)

Graduate Instructional Assistant (January-August 2017)

Brigham Young University (2010-2016)

Teaching Assistant (January-April 2016)

Volunteer Researcher (April 2015- April 2016)
Student Lab Assistant (September 2014- August 2015)

RELATED PROFESSIONAL EXPERIENCE

Rains Independent School District (Emory, TX)

Substitute Teacher (May 2024- May 2025)

Winds of Change Mental Health Center (Missoula, MT)

Rehabilitation and Support Staff (August 2019- July 2020)

Brain Balance Achievement Center (New Braunfels, TX)

Intern (June-August 2017)

Utah State Hospital (Provo, UT)

Children's Unit Volunteer (September-December 2014)

TEACHING EXPERIENCE

COURSES TAUGHT

^{\$}Functioning as an Adjunct Instructor

^{*}Functioning as a Graduate Teaching Assistant

[&] Functioning as an Undergraduate Teaching Assistant

Concordia College (2025- present)

PSYC 111 (Introduction to Psychology) (Fall 2025)

Taught course for 1 semester

PSYC 230 (Statistics and Psychology Measurement) (Spring 2026-)

Taught Spring 2026, Fall 2026

PSYC 301 (Research Methods) (Fall 2025-)

Taught Fall 2025, Spring 2026, Fall 2026

PSYC 357 (Psychopathology) (Fall 2025-)

Taught Fall 2025, Spring 2026, Fall 2026

PSYC 380 (Foundations of Psychological Health) (Summer I 2026)

Taught course for 1 summer term (Online)

East Texas A&M University (2021- 2025)

PSY 300 (Learning Processes and Development) (Summer II 2025)^{\$}

Taught as instructor of record

Taught course for 1 summer term (Online)

PSY 302 (Stats and Research I) (Spring 2025)^{\$}

Taught as instructor of record

Taught course for 1 semester

PSY 316 (Abnormal Psychology) (Fall 2024*- Spring 2025^{\$})

Taught as instructor of record

Taught course for 2 semesters
PSY 317 (Personality of Psychology) (Fall 2024) *
Taught as instructor of record
Taught course for 1 semester

Brigham Young University-Idaho (2020- 2025)

PSYCH 302 (Research Methods) (Winter 2020- Spring 2025) \$
Taught course for 17 semesters (All online)

Texas State University (2016-2018)

PSY 2101 (Introduction to Statistics Laboratory) (Fall 2017-Spring 2018) *
Taught course for 2 semesters (Taught as instructor of record)
PSY 2301 (Introduction to Statistics) (Spring 2017, Summer II 2017) *
Taught course for 1.5 semesters

Brigham Young University (2010-2016)

PSYCH 341 (Personality) (Winter 2016) &
Taught course for 1 semester

SUPERVISION OF STUDENTS

Concordia College

Liliana Birdsall: Undergraduate Research Assistant (Summer 2026-)
Caleb Gadberry: Undergraduate Volunteer Research Assistant (Summer 2026)
Qwame Martin: I mentored him as he presented at the Concordia College Celebration of Student Scholars (COSS) research symposium and the Psychology Red River Research Conference (Spring 2026)
Eli Hunt: Undergraduate Volunteer Research Assistant (Spring 2026)
Daniel Skrade: Undergraduate Teaching Assistant for PSYC 111 and PSYC 230 (Fall 2025- Spring 2026)

Brigham Young University-Idaho

Natalie Stucki: Undergraduate Teaching Assistant for PSYCH 302 (Fall 2024-Spring 2025)
Alexis Soelberg: Undergraduate Teaching Assistant for PSYCH 302 (Fall 2024)
Calissa Stancliffe: Undergraduate Teaching Assistant for PSYCH 302 (Fall 2023-Winter 2024)
Taybree Ballard: Undergraduate Teaching Assistant for PSYCH 302 (Spring 2023)
Rylee Smith: Undergraduate Teaching Assistant for PSYCH 302 (Winter 2023)

SCHOLARLY WORK

PEER-REVIEWED PUBLICATIONS PUBLISHED/ACCEPTED

Roming, S.M.P., Carrero, K.M., & Howard, K.J. (2025). Examination of adaptive coping during collective trauma: A comparison between pre-pandemic and pandemic-era coping for

- college students. *The International Journal of Health, Wellness and Society*, 15(3), 67-96. <https://doi.org/10.18848/2156-8960/CGP/v15i03/67-96>.
- Dailey, S.L., Howard, K., **Roming, S.M.P.**, Ceballos, N., & Grimes, T. (2020). A biopsychosocial approach to understanding social media addiction. *Human Behavior & Emerging Technology*, 2(2), 158-167. <https://doi.org/10.1002/hbe2.182>.
- Roming, S.M.P.** & Howard, K. (2019). Coping with stress in college: An examination of spirituality, social support, and quality of life. *Mental Health, Religion, & Culture*, 22(8), 832-843. <https://doi.org/10.1080/13674676.2019.1674794>.
- Howard, K., Haskard-Zolnierrek, K., Johnson, A., **Roming, S.M.P.**, Price, R., & Cobos, B. (2017). Somatization disorder and stress in teachers: A comprehensive occupational health evaluation. *Journal of Applied Biobehavioral Research*, 22(4), e12105. <https://doi.org/10.1111/jabr.12105>.

MANUSCRIPTS IN REVIEW

- Roming, S.M.P.** & Birdsall, L.J. (under review). Examining the effect of collective trauma on physical activity, spirituality, and life satisfaction in college students. *Journal of Religion and Health*.
- Putnam, T., **Roming, S.M.P.**, & Howard, K. (under review). Exploring predictors of psychological well-being among experienced teachers. *Mental Health Science*.

MANUSCRIPTS IN PREPARATION

- Roming, S.M.P.**, Bowman, K., Schwab, B.S., Storms, T., Saunders, K., & Carrero, K.M. (preparing manuscript). Defining teacher wellness: A scoping review of definition characteristics.
- Simmons-Reed, E.A., **Roming, S.M.P.**, Ditchen, M., & Poore, B. (preparing manuscript). Beyond compliance: Changing the transition discourse in higher education and employment to facilitate the success of autistic or neurodivergent young adults. *Psychology in the Schools*.
- Carrero, K.M., Bratina, M.P., Schwab, B.S., **Roming, S.M.P.**, & Bowman, K. (preparing manuscript). Preparing the vulnerable “offender”: Reverse crisis intervention training for people with ASD and/or I/DD to prepare for police encounters. *Psychology in the Schools*.

NON-REFEREED PUBLICATIONS

- Roming, S.** (2022, January). Fresh off the press!: The government is working to address the mental health of students. *Behavior Today*, 38(4). (*Behavior Today* is the newsletter for the Council for Exceptional Children’s Division for Emotional Behavioral Health).

REFEREED CONFERENCE PRESENTATIONS

Poster Presentations

- Roming, S.M.P.**, Bowman, K.A., Schwab, B., Storms, T., Bratina, M. P., & Carrero, K. M. (2026). Creating awareness of lack of training for those with autism for police interactions, Council for Exceptional Children Convention and Exposition, Salt Lake City, UT.
- Roming, S.**, Bowman, K. A., Schwab, B., Storms, T., & Carrero, K. (2025). Defining

- teacher wellness: A scoping review of definition characteristics, Division of International Special Education and Services International Conference, Naivasha, Kenya. (Presented by Britta Schwab).
- Roming, S.,** Bowman, K. A., Schwab, B., Storms, T., & Carrero, K. (2025). Defining teacher wellness: A scoping review of definition characteristics, Annual Student Research Symposium, East Texas A&M University, Commerce, TX.
- Roming, S.,** Bowman, K. A., Schwab, B., Storms, T., & Carrero, K. (2025). Defining teacher wellness: A scoping review of definition characteristics, Southwestern Psychological Association Annual Conference, Little Rock, AR.
- Roming, S.M.P.,** & Carrero, K.M. (2024). Comparing students with and without exceptionalities and their stress reduction. Council for Exceptional Children Convention and Exposition, San Antonio, TX.
- Carrero, K.M., Bratina, M.P., **Roming, S.M.P.,** & Schwab, B.S. (2022). Preparing the vulnerable “offender”: Reverse crisis intervention training for people with ASD and/or I/DD to prepare for police encounters. Federation of North Texas Area Universities Graduate Student Research Symposium, Virtual. <https://hdl.handle.net/11274/13628>.
- Dailey, S.L., Howard, K., **Roming, S.M.P.,** Ceballos, N., & Grimes, T. (2020). Perpetual posting, constant commenting, and limitless lurking: Communicative and psychosocial predictors of social media addiction. National Communication Association Conference, Salt Lake City, UT.
- Dailey, S., Howard, K., **Roming, S.,** Ceballos, N., & Grimes, T. (2018). Playing with fire: Communicative and psychosocial predictors of social media addiction. National Communication Association.
- Howard, K., Ceballos, N., **Roming, S.,** Dailey, S., & Grimes, T. (2018). Social media behaviors and psychosocial predictors of social media addiction. Association for Psychological Science.
- Roming, S.M.P.,** Howard K., & Johnson, A. (2018). Adaptive and maladaptive coping strategies for perceived stress and their relationship with quality of life. 30th Association for Psychological Sciences Annual Convention, San Francisco, CA. (Presented by Angela Johnson).
- Howard, K., Haskard-Zolnierrek, K., Johnson, A., **Roming, S.M.P.,** Price, R., & Cobos, B. (2017). Somatization disorder: Occupational factors impact on Texas school teachers. 29th Association for Psychological Sciences Annual Convention, Boston, MA.
- Howard, K., Haskard-Zolnierrek, K., Johnson, A., **Roming, S.M.P.,** Price, R., & Cobos, B. (2017). Somatization disorder and its effects on Texas school teachers. 29th Association for Psychological Sciences Annual Convention, Boston, MA.

Conference Presentations

- Roming, S.** (2024). Coping among students with and without exceptionalities: An examination of college students with and without exceptionalities’ stress management and quality of life. Annual Student Research Symposium, Texas A&M University-Commerce, Commerce, TX.
- Roming, S.,** Nobel, M. & Ashley, V. (2024). Take care of yourself: Fostering educator wellness and effectiveness. Council for Exceptional Children Convention and Exposition, San Antonio, TX (Virtual Session of Convention).

Roming, S., Nobel, M. & Ashley, V. (2024). Take care of yourself: Fostering educator wellness and effectiveness. Council for Exceptional Children Convention and Exposition, San Antonio, TX.

Carrero, K. M., **Roming, S.,** & Bowman, K. (2024). Cultivating TRIBES: A model for installing evidence-based practices for students with autism in rural areas. Division on Autism and Developmental Disabilities (DADD), 25th International Conference on Autism, Honolulu, Hawaii.

Roming, S.M.P. (2023). Project TRIBES (Texans in Rural and Inclusive settings, accessing Behavioral and Educational Supports). Annual Student Research Symposium, Texas A&M University-Commerce, Commerce, TX.

Carrero, K.M., Schwab, B.S., & **Roming, S.M.P. (2023).** Vulnerable "violators'" voices: People with exceptionalities' accounts of police interactions. Council for Exceptional Children Convention and Exposition, Louisville, KY.

NON-REFEREED CONFERENCE PRESENTATIONS

Roming, S.M.P. (2022). Burnout: The second pandemic. Brigham Young University-Idaho Online Learning and Teaching Conference, Brigham Young University-Idaho, Rexburg, ID (Virtual Conference).

NON-REFERRED RESEARCH PRESENTATIONS

Roming, S.M.P. (2026). Thriving and surviving: Promoting wellness and high quality of life in education. Spring 2026 Colloquium Lecture Series, Department of Psychology, North Dakota State University, Fargo, ND.

Roming, S., Bowman, K.A., Schwab, B., Storms, T., Carrero, K., & Saunders, K. (2025). A demonstration of scoping review methodology: Exploring definitions of teacher wellness. Department of Psychology and Special Education Brown Bag Research Talk, East Texas A&M University, Commerce, TX.

Roming, S.M.P. (2024). Coping among students with and without exceptionalities: An examination of college students with and without exceptionalities stress management and quality of life. National Honor Society and Pride Flock Event, Northeast Texas Community College, Mount Pleasant, TX (Virtual).

Roming, S.M.P. (2021). Coping with stress in college: An examination of spirituality, social support, and quality of life. Department of Psychology and Special Education Brown Bag Research Talk, Texas A&M University-Commerce, Commerce, TX.

Roming, S.M.P., & Howard, K. (2018). Adaptive and maladaptive coping strategies for perceived stress and their relationship with quality of life. Three-Minute Thesis Competition Preliminary Round, Texas State University, San Marcos, TX.

Roming, S.M.P., & Howard, K. (2018). Adaptive and maladaptive coping strategies for perceived stress and their relationship with quality of life. Department of Psychology Brown Bag Research Talk, Texas State University, San Marcos, TX.

EDITORIAL SERVICE

Ad-Hoc Peer Reviewer

Forum for Linguistic Studies

Journal of American College Health
Mental Health, Religion, & Culture
Psychology in the Schools
The International Journal of Health, Wellness and Society
The International Journal of Interdisciplinary Social and Community Studies
The International Journal of Sport and Society
The International Journal of Learning in Higher Education

EXTRAMURAL AND INTERNAL FUNDING ENDEAVORS

Extramural Funding

2024-2029 *VISION-AI* (Video Instructional Support with INtegrated Artificial Intelligence)

Funding Agent & Competition: United States Department of Education, Office of Special Education and Rehabilitative Services, Office of Special Education Programs, Educational Technology, Media, and Materials for Individuals with Disabilities Program, Stepping-Up Technology Implementation

Funding Request: \$1,500,000

Role: Assisted with drafting of grant document with Dr. Kelly Carrero (Texas A&M University-Commerce), Dr. Sarah Howorth (University of Maine), and Dr. Matthew Marino (University of Central Florida)

NOT FUNDED

2024-2026 *Project CADRES* (Collaboration Among Districts within Region for Excellent Services for Students with Autism)

Funding Agent & Competition: Texas Education Agency
Innovative Service for Students with Autism Grant Award

Funding Request--Subaward: \$495,127

Role: Assisted Dr. Kelly Carrero, Dr. Belinda Rudinger, and Red Oak Independent School District (Along with five other school districts) with the grant writing process

NOT FUNDED

2024-2026 *Innovative Services for Students with Autism - Grand Prairie Independent School District*

Funding Agent & Competition: Texas Education Agency
Innovative Service for Students with Autism Grant Award

Funding Request--Subaward: \$444,644.19

Role: Assisted Dr. Kelly Carrero with the drafting of the grant document along with Grand Prairie Independent School District

NOT FUNDED

2024-2026 *Project TIGERS (Building Teachers' Inclusionary Capacity to Grow Students' Emotional Regulation and Social Skills)*

Funding Agent & Competition: Texas Education Agency
Innovative Service for Students with Autism Grant Award

Funding Request--\$963,968 (TAMUC Subaward: \$365,307)

Role: Led the grant application writing process along with Dr. Kelly Carrero and Corsicana Independent School District
NOT FUNDED

2022-2027 *Project MOVIN ON UP (Military connected students **On Vehicles** for **Innovative, Novel Opportunities to Navigate, Understand, and Prosper in Life**)*
Funding Agent: Department of Defense Education
Activity (DoDEA) Military-Connected Academic and Support Programs (MCASP)
Funding Request \$2,000,000
Role: Assisted Dr. Kelly Carrero with grant writing
NOT FUNDED

2022-2024 *Project TRIBES (Texans in **Rural and Inclusive** settings, accessing **Behavioral and Educational Supports**)*
Funding Agent & Competition: Texas Education Agency
Innovative Service for Students with Autism Grant Award
Funding Request: \$1,694,467.16
Role: Project Manager under Dr. Kelly Carrero, working with Corsicana Independent School District & Freestone-Navarro Bi-County Coop
FUNDED (\$1,694,467.16)

Internal Funding

2026 *Summer 2026 Research Funding*
Funding Agent & Competition: Concordia College Research Humanities and Social Sciences Endowment
Funding Request: \$2,400-4,800
Role: Writer of funding request for research funds to conduct research and mentor undergraduates in research.
FUNDED (\$4,800.00)

2026 *Council for Exceptional Children Convention and Exposition*
Funding Agent & Competition: Concordia College Faculty Conference and Travel/Teaching and Scholarship Funding
Funding Request: \$2,050.00
Role: Writer of funding request for travel funds to present a research poster.
FUNDED (\$2,500.00)

2024 *Council for Exceptional Children Convention and Exposition*
Funding Agent & Competition: Texas A&M University-Commerce Graduate School Student Travel Funding
Funding Request: \$500.00
Role: Writer of funding request for travel funds to present a research presentation and poster.
FUNDED (\$500.00)

2023 *Council for Exceptional Children Convention and Exposition*
Funding Agent & Competition: Texas A&M University-Commerce Graduate School

Student Travel Funding

Funding Request: \$500.00

Role: Writer of funding request for travel funds to present a research presentation

FUNDED (\$500.00)

2017 29th Association for Psychological Sciences Annual Convention

Funding Agent & Competition: Texas State University Graduate School

Student Travel Funding

Funding Request: \$750.00

Role: Writer of funding request for travel funds to present research posters.

FUNDED (\$750.00)

AWARDS

2025 East Texas A&M University, Department of Psychology and Special Education

Departmental Award: *Zelhart Research Award for Outstanding Graduate Research in Psychology*

PROFESSIONAL AFFILIATIONS

Cengage Publishing Psychopathology Advisory Board (April 2026- August 2026)

Council for Exceptional Children (CEC) Member (2025- present)

Division for Emotional and Behavioral Health Member

GRADUATE COURSEWORK

Abnormal Psychology, Biological Bases of Behavior, Cognition and Instruction, Developmental Psychology, Educational Psychology, Ethics, Health Psychology, Human Cognition and Learning, Learning Technology, Personality, Psychological Therapies, Psychology of Language, Research Methods, Statistics (Univariate, Multivariate, Non-parametric)

SKILLS

Using Canvas, Moodle and D2L LMS, Psychological qualitative and quantitative research methods, Teaching and using SPSS software, Data collection and analysis, Univariate and Multivariate parametric and Non-parametric testing